**Team Games – Skills Ladder**

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| **Foundation Stage** |
| I can begin to run with control |
| I can begin to jump with control |
| I can begin to catch a ball or moving object beginning to show my dominant hand |
| I can begin to strike a ball using my dominant hand |
| I can begin to kick a ball, starting to show my dominant foot |
| I can begin to show some control when rolling a ball |

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| **Year 1** |
| I can run with control |
| I can jump with control |
| I can catch a ball or moving object & roll a ball with accuracy |
| I can strike a ball with some control using appropriate equipment |
| I can kick a large ball with some control |
| I can begin to recognise my strengths & weaknesses |