**Outdoor and Adventure – Skills Ladder**

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| **Foundation Stage** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
|  | I can listen to instructions from an adult | I can listen to instructions from a partner or adult | I can listen to instructions for a partner or adult | I can lead a team & support others, being a respectful team member | I can lead a team effectively, supporting others & be an effective team member | I embrace leadership & team roles gaining the commitment & respect of my team |
|  | I can begin to think activities through | I can think activities through & problem solve with discussion with a partner, adult, or group | I can think activities through & problem solve, with discussion with my team confidently | I show resilience when plans do not work & can seek support if & when needed | I can show resilience when plans do not work, being able to change plans if necessary | I can ask & listen to expert advice, remaining positive, even in the most challenging circumstances |
|  | I understand how to stay safe | I can demonstrate how to stay safe | I can demonstrate & understand how to stay safe | I can begin to use my initiative to try new ways of working | I can use my initiative to try new ways of working, with confidence | I can identify possible risks & think of ways to manage them |
|  | I can follow a simple map with adult support | I can begin to follow a map with adult support | I can orientate a map with help from my team | I can orientate a map confidently | I can orientate a map confidently & with accuracy | I can select appropriate equipment for Outdoor & Adventure activities |
|  | I can turn my body for the correct positions for North, South, East & West | I can begin to understand North, South, East & West with adult support | I can begin to understand how a compass works - North, South, East, West, North-East, North-West, South-East, South-West | I can use a compass to orientate myself – holding it correctly | I can use a compass & digital devices to orientate myself | I can use a range of devices to orientate myself & my team |
|  | I can recognise when I need help & ask for it | I can ask for help when needed | I can confidently ask for help for myself or others in my team | I can begin to recognise if someone needs support in my team | I can recognise when I need support & with others in my team | I show empathy towards others & offer support without being asked |