**Invasion Games – Skills Ladder**

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| **Foundation Stage** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
|  |  | I can catch a ball, use an overhead pass & use and underarm throw | I can send a ball with control & accuracy over a range of distances | I can throw a ball with increasing accuracy & speed over different distances | I can throw & receive a ball using a range of techniques, over a variety of distances with control & accuracy | I can throw & receive a ball, change direction, using the correct technique, in at least 2 invasion games |
| ] |  | I can kick the ball while moving confidently, looking up to dodge a moving object, passing the ball to a player in a space | I can demonstrate control while moving with a ball, looking whilst travelling & changing direction | I can demonstrate control & fluency when using different techniques to move with the ball, changing direction & speed, passing & receiving | I can dribble with control, changing direction, speed & can pass the ball using 2 touches | I know how to move with the ball using the correct technique, with control & speed, using dribbling & passing skills together |
|  |  | I can perform some dribbling skills with hands & feet, creating space by dodging & swerving | I can explain what an invasion game is & understand the importance of keeping possession | I can stop & control a ball that is passed to me & I can travel confidently & know when to pass to a team member | I can find & use space to help keep possession, knowing when to dribble and pass | I can use protecting & invading skills in my game, having the confidence to move & pass as the correct time |
|  |  | I can intercept/stop the ball to protect a target while defending | I can mark my opponent, get free from a defender & attacker | I can use attacking & defending skills in isolation or in a game & use these to prevent a goal being scored | I know how to block tackle in a variety of invasion games & how to mark a player with or without the ball (man-on-man marking) | I can use at least 2 different attacking & defending skills & techniques in an invasion game, identifying different attacking methods |
|  |  | I can pass the ball over longer distances | I can aim for a target | I understand the roll of the goalkeeper & begin to shoot on target | I can shoot a target with control | I can shoot a target with accuracy & keep score |
|  |  | I can play simple invasion games using attacking & defending skills | I can play simple invasion games, knowing how to work as a team & how to begin to evaluate my performance | I can contribute to the success of my team in both attack & defence | I can work as part of a team & can contribute towards the success of my team when attacking & defending | I can support others to improve their performance, evaluate my own & others work, suggesting ways to improve & demonstrate leadership |