**Hockey – Skills Ladder**

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| **Year 5** |
| I can change direction & use the correct side of the stick, sometimes using the ‘Indian dribble’ (alternating sides of the stick while dribbling) to avoid defenders |
| I can make a direct pass, while dribbling |
| I can begin to dribble & change direction by making a square pass (across the pitch) |
| I can begin to use the stick to mark a player from the side-line, causing them difficulty |
| I can successfully score when in the scoring area |
| I can choose between the two passes (push/slap) & explain why |

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| **Year 6** |
| I can use speed, changing direction & ‘Indian dribbling’ to advance towards the team’s goal |
| I can use a range of passes, knowing which ones to use depending on the distance of the pass |
| I can dribble & change direction by making a square pass (across the pitch) or straight pass (up & down the pitch) |
| I know when to defend & what defence skills could be used |
| I can seize an opportunity to score, sometime quite quickly |
| I can play a simple team game of hockey & begin to understand the rules |