**Football – Skills Ladder**

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| **Year 5** |
| I can dribble, making small touches into a space with speed |
| I can send a football to a player on the team, using different parts of my foot, accurately |
| I can use a range of ways to keep the ball under control (foot, knee, head), knowing where the ball is coming from |
| I can see space & use it effectively, turning with the ball while moving |
| I can lose a defender to receive a pass & defend a player, making some successful interceptions for the team |
| I can attack & strike the ball effectively (powers shot) & direct the ball using the inside of my foot (finesse shot) |

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| **Year 6** |
| I can dribble, making touches into a space with speed, to beat defenders |
| I can make decisions regarding how & when to send a football to a player in the team |
| I can use a range of ways to keep the ball under control (foot, knee, head), knowing where the ball is coming from, especially under pressure from a defender |
| I know how space changes within a game & when to move into changing spaces, drawing the defender away to create space |
| I can position my body to defend effectively, making successful interceptions |
| I can attack & strike the ball accurately (power shot) & direct the ball using the inside of my foot (finesse shot) |