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1st February 2024

Mental Health Week 5th-9th February

This year's Children's Mental Health Week theme is 'My Voice Matters'. Every child has the right to express their views, feelings and wishes in all matters affecting them, and to have their views considered and taken seriously. As adults, we should empower children and young people, and provide them with time, space, and opportunities to express themselves. We must also ensure they have opportunities to influence aspects of their worlds that directly - or indirectly - affect their wellbeing. Empowering children and young people can have a positive impact on their health and wellbeing. For example, children and young people who feel that their voices are heard - and that what they say makes a difference - have higher levels of self-efficacy and self-esteem. They also have a greater sense of community – and as people become empowered, they can work together to create positive changes for themselves and for others.

Next week in school we will be looking at ways, we can empower children to support and care for their own wellbeing. Each day we will launching a different way to “wellbeing”.

Five ways to wellbeing at St John the Baptist School

At St John the Baptist school we...



We take time to talk



We move our bodies



We get lost in books



We spend time in nature



We have hobbies and interests



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The following events will be taking place in school during Children's Mental Health Week:

Monday 5 th February	We have hobbies and interests – In classes children are invited to speak about hobbies and interests they have. Children may also choose to bring an object of interest related to their hobby or interest.
Tuesday 6 th February	We get lost in books Children will be enjoying books in school read by different members of staff. We spend time in nature Children will be spending time outside in woodland and on the school grounds.
Wednesday 7 th February	Non-Uniform Express yourself day 1. Let your inner disco diva shine on the dance floor 2. Let your personality shine through with your favourite colours. 3. Embrace your creative side and unleash your artistic energy. 4. Show off your team spirit with your favourite team's kit. Non- uniform day - dress to express. 5. Take the stage as the coolest rock star in town. 6. Come as you are and wear your comfiest clothes! 7. Bring the cool energy of the skate park to the playground. Share what makes you... and celebrate what sets you apart. We move our bodies – all children will have the opportunity to enjoy a dance session in the hall lead by an outside provider. At 3.05pm all parents/ carers are invited to join us for a special Wake and Shake before the end of the day dismissal.
Thursday 8 th February	My voice matters - We take time to talk. Who can we talk to? – All children will have the opportunity to discuss important people in our lives that they are happy to talk to about our feelings and emotions. All children will then create a portrait of someone important they can talk to.

Please enjoy carrying out the attached wellbeing bingo at home. Have fun and take some time to look after your own wellbeing.

Mrs Bloom

Mud Kitchen Plea...

If you have any metal pots, pans or utensils that you no longer use, we would love them for our mud kitchen! Please let our office know if you have anything that you think could be useful.

Parental Questionnaire

At Parents Evening meetings this week you were able to access this year's parental questionnaire. If you have not done so yet please either follow this link <https://forms.office.com/e/uxuFmT5rD6> or use the QR code below to tell us about our school. Your answers are analysed by the senior management of the school so are really valuable to us.



Academy update

In the middle of January the school received it's Academy Order from the Department for Education. This basically means that the school now has formal permission to academise so we have now moved into a due diligence stage with Archway Learning Trust. It means that they are now working with the school to collect information to ensure that there is a smooth transition into their trust. At the present time, it is anticipated that this handover will be around the start of the next academic year. But watch this space for further updates.

Awards

Platinum

week beginning 29th January - FS Harper, Emi, Iolah, Olivia, Ava-Grace, Cleo, C3 Joe, Joshua B, Leon, Richard, Gabriel, Gracie, C4 Tylan, Roman, Oliver O, Vihana, C5 Enya, C6 Mollie, Josh, Miley, Jasmine, Hugo

Attendance

week beginning 22nd January - C3 & C4
week beginning 29th January - C5

Time tables

week beginning 22nd January - C4
week beginning 29th January - C5

Diary Dates

Monday 5th - Thursday 8th Feb - Children's mental health week (see above details)

Thursday 8th February - St Johns Got Talent finals (invite only 2pm)

Friday 9th February – INSET day school closed to pupils

Monday 12th February – Friday 16th February – half term holiday

Monday 19th February – pupils return for spring term 2

Wednesday 21st February - After School Church (bookable at afterschoolchurch@yahoo.com)

Wednesday 28th February/Thursday 29th February - Y2 residential to Beaumanor Hall

Friday 15th March - Class 5 trip to Brackenhurst

Thursday 21st March - football tournament at Gamston

Wednesday 27th March - After School Church (bookable at afterschoolchurch@yahoo.com)

Friday 29th March - first day of the Easter Holidays

Monday 15th April - pupils return for summer term 1

Wednesday 17th April - After School Church (bookable at afterschoolchurch@yahoo.com)

Thursday 18th April Choir Sponsored Sing event (TBC)

Monday 29th April - Y3/4 Athletics tournament at Gamston School

Monday 6th May - Bank Holiday School Closed

Wednesday 15th May - After School Church (bookable at afterschoolchurch@yahoo.com)

Friday 24th May - last day of summer 1

Monday 27th May - Friday 31st May - half term holiday 1 week

Monday 3rd June - INSET DAY (school closed to pupils)

Tuesday 4th June - pupils return for summer term 2

